New Reference

The online Reference are available on Gale Virtual Reference Library. Accessible at library.cypresscollege.edu

Online Collection

- Berkshire Encyclopedia of World Sport, 3rd ed.
- Biology
- Human Diseases and Conditions, 3rd ed.

Reference Collection

- The Order of Things: Hierarchies, Structures & Pecking Orders for the Voraciously Curious
- Routledge Handbook of Sport Expertise
- Weird Sports and Wacky Games Around the World: From Buzkashi to Zorbing

Now available through EBSCOhost
New Books

Anatomy of Exercise: A Trainer's Inside Guide to Your Workout
Pat Manocchia

Architecture on Ice: A History of the Hockey Arena
Howard Shubert

Barbarian Days: A Surfing Life
William Finnegan

Building Muscle and Performance: A Program for Size, Strength & Speed
Nick Tumminello

The Economics of Competitive Sports
Placido Rodriguez, Stefan Kasenne, and Ruud Koning

Fallproof! A Comprehensive Balance and Mobility Training Program
Debra Rose

The Ghosts of K2: The Epic Saga of the First Ascent
Mick Conefrey

The Human brain book
Rita Carter

Life Is Not an Accident: A Memoir of Reinvention
Jay Williams

Master of Thin Air: Life and Death on the World's Highest Peaks
Andrew Lock

The Matheny Manifesto: A Young Manager's Old-School Views on Success in Sports and Life
Mike Matheny with Jerry B. Jenkins

The Only Rule Is It Has to Work: Our Wild Experiment Building a New Kind of Baseball Team
Ben Lindbergh and Sam Miller

Performance Nutrition: Applying the Science of Nutrient Timing
Krista Austin and Bob Seebohar

Relentless: The Ultimate Mind & Body Challenge
Tim S. Grover with Shari Wenk

Run Fast. Eat Slow.: Nourishing Recipes for Athletes
Shalane Flanagan and Elyse Kopecky

Therapeutic Exercise for Musculoskeletal Injuries
Peggy A. Houglum

Weight Training Without Injury: Over 350 Step-By-Step Pictures Including What Not to Do!
Fred Stellabotte and Rachel Straub

When Nobody Was Watching: My Hard-Fought Journey to the Top of the Soccer World
Carli Lloyd with Wayne Coffey

New DVDs

- Everest
- Managing yourself while leading others
- The secret life of the brain
- Soul surfer
- Southpaw
- Why good coaches quit
- Wild

We have a great library. Help us make it better.
Let us know of any suggestions for developing our collection. Contact:
Joyce Peacock, Librarian & Kinesiology & Athletics Liaison
714-484-7068 jpeacock@cypresscollege.edu